



Beginners Pendulum Dowsing

Session 2: Asking The Right Questions & Areas To Dowse

Asking The Right Questions

Dowsing questions need to be detailed and goal-oriented in order to be useful. Where possible aim to include Who, What, Where, How, Why and When in the question.

To establish a correct response to your yes and no, ask the question:

Is my name [inset your name]? and the pendulum should say 'yes'.

Then ask

Is my name [insert a different name that is not your current name] and the pendulum should say 'no'

Other questions

"Is it in my best interest to attend the "How to Use a Pendulum" workshop taught by _____ (instructor name) at _____ (location) on _____ (date) at _____ (time)

Do I live in [insert city]?

Around diet:

Is the food I am eating during the day right for me?

Is this meal good for me? (ask with pendulum above the food that you want to eat)

Is (name of diet) a good choice for me?

Is the food I am eating healthy for me?

Is the food I am eating making me sick?

Around career:

Am I on the right career path?

Am I focusing on the right goal at the moment?

Will I get a promotion?

Is it time for a career change?

If I follow up on my business idea, will I be successful?

Around Love:

Is --- a soulmate?

Will I meet my soulmate?

Is practicing more self-love beneficial to my wellbeing?

Am I ready for a new relationship?

Am I in a relationship with the right partner?





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Areas To Dowse

Looking for lost items

1. You can draw up a rough map of the space you think your lost object in. It doesn't need to be fancy-shmancy...just a rough drawing will do.
2. Then simply walk around your space from room to room, asking your pendulum if you're close or not, hot or cold. Yup, just like the game. For instance, you can go to each room within your home & ask if the lost item is there until you get a "yes".
3. Then spend time going through each area of that specific room asking if the object is in this or that region until you've homed in on it like a heat-seeking missile! This can even be done from a distance! All you need is a map of the space the object is thought to be in & your trusty pendulum. (exercise from Hibiscus Moon, 2013).

Looking for Water/Minerals

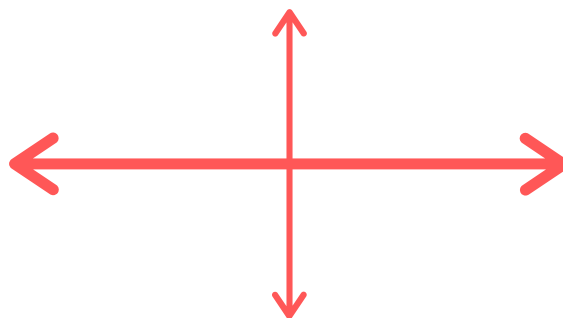
Most dowsers use the traditional forked stick, which may come from a variety of trees, including the willow, peach, and witch hazel. You can also use keys, wire coat hangers, pliers, wire rods, pendulums, or various kinds of elaborate boxes and electrical instruments. When she/he passes over a source of water, the butt end of the stick is supposed to rotate or be attracted downward.

Yes No Maybe/Don't Know Grid

MAYBE

NO

YES



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