



Beginner's Pendulum Dowsing Course Overview

A warm welcome to this introductory course exploring pendulums, and our thanks to you for choosing lanamorris.com to provide your workshop.

Pendulums have been around for significant time and are a great way of exploring the energy centres within the body, locating lost items, locating for minerals, ley lines, oil and water as well as many other uses. Pendulums' can also help you make decisions within a range of situations.

The aim of this course is to give you a brief introduction to pendulums so that you can decide whether you have an affinity using pendulums and whether you wish to incorporate this into your holistic practice. Pendulums can be successfully used in most holistic therapies and are particularly effective when used with R eiki or reflexology, tarot or any chakra work.

I hope you enjoy the course and please do ask questions. A workbook accompanies the course and provides you with the handouts as well as some activities that you might like to follow up and some suggestions for further reading.

Good luck with your course!

Lana

Aim and Objectives of the Course

Aim: To explore pendulums, their properties and uses.

Objectives: By the end of this course you will be able to:

- Understand the origin of pendulum use, its properties and uses
- Prepare yourself for working with pendulums
- Identify the right pendulum for working with energies
- Cleanse and protect the pendulum
- Identify where, when and how to use the pendulum

Outcomes

By the end of the six sessions you will be able to connect, care, and use your pendulum in different environments and with different sources of energy and understand and begin to apply pendulum use with energy healing modalities.

